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Mountain Biking: A Beginner's Essential Guide To Getting Started In The Sport Of Mountain Biking (MTB)

Mountain Biking



A Beginner's Essential Guide to Getting Started in the Sport of Mountain Biking

by Tim Bohlinger



Synopsis

If you're ready to get started in the sport of mountain biking (MTB), then this book is for you! Read on your PC, Mac, smart phone, tablet, or Kindle device. Mountain biking, often affectionately referred to as 'MTB,' is a great way to get a rigorous workout, enjoy the unfettered wilderness, and burn off some serious stress. In MTB, you've got hills, jumps, brilliant blossoms of dirt at your flanks, and the wind rushing across your face. What more could you ask for? If you're interested in getting started in this exciting sport and are looking for some general information and ideas on where to begin and how to make the most out of it, you've made a good choice by turning to this book! Here, I'm going to review everything you need to get started on your MTB adventure. You'll learn about the different types of mountain biking styles, such as Freeride, All-Mountain, Enduro, Downhill, and Lift-Assisted. I'll also talk in depth about choosing a bike and developing your skills at riding it. If this sounds exciting to you, then download this book now and let's get started! Welcome to MTB! Here Is A Preview Of What You'll Learn... The Difference Types of Mountain Biking How to Choose the Right Bike Understanding How Each Component Affects the Ride How to Choose Between Hardtail and Full Suspension Selecting the Right Wheel Size Developing Your MTB Skills Tips for the Trail What to Pack for Your MTB Journey Much, much more! Download your copy today!

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Customer Reviews

Mountain Biking or MTB is one of the most interesting activities we can add in our weekend schedules. It's a good hobby because it can also help you stay fit. MTB is an inherently dangerous activity, but the risk can be abated significantly by donning your helmet and other appropriate safety gear whenever you ride. This eBook will provide us general information and ideas on how we can choose the right mountain bike for us. Mountain Bike is an investment and going cheap is not an option if you want to make your ride very comfortable. After reading this eBook you will learn the importance of each component that will affect your ride and the different types of MTB styles. I find this eBook very helpful because it's packed with useful information and has great tips for the trail. Highly recommended!!!

It was only now that I understood the extent of preparation an individual needs before buying a bicycle, a mountain bike in particular. It was from this book that I got acquainted with the different types of mountain bikes. The blend of theory and tips helped me a lot. The chapter that discussed the preparation for an MTB journey was the one that got my interest hyped to purchase a mountain bike. Now, at least I know better and will not be blinded by sales talk. The only thing that lacked in this book are images or samples of the types of bikes and gear needed. Other than that, this is an excellent guide for beginners.

My brother-in-law is planning on participating in a mountain biking escapade with my husband but my sister, his wife, is quite concerned about it. I grabbed this book, as recommended by my husband, for her and her husband to read and so she would stop worrying so much about it. I read the book myself and it's quite the convincing book. I do hope nothing unnecessary would happen during the biking.

A really cool guide if you plan to take up Mountain Biking!. In addition to relieving stress and getting a great workout...learn vital information like how to chose the right bike,tips for the trail and what to pack for your mountain biking journey.A must have for beginners on the Mountain Biking Trail

This is a great guide for beginners to getting started in the sport mountain biking.This book gives detailed practical tips, and advice on all aspects of riding bikes. The book puts the details in the

"how to" and in logical order. Great for beginners and for those who want to perfect some of the skills they don't think about. Good knowledge, from basic to master. . If you are a mountain biker's, you must have this book

Trying new things is my habit and mountain biking is always a fun. I love this ebook because it covers all things regarding mountain biking and anyone having little experience of mountain biking can master the ride. Recommended!

There's more to mountain biking than just riding. With the nice weather coming ahead, I am contemplating the possibilities of traveling with a bike. This introduced a lot of basics to me. From the choosing of the main bike to the peripheral equipment and accessories, the author gave a brief and comprehensive information on the topic. The book is quite short but it does the job of introducing the reader to the world of mountain biking.

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